



Mon	Tues	Wed	Thur	Fri	Sat
R&G 8A	R&G 8A	R&G 8A	R&G 8A	R&G 8A	Kali 2p
Kids 5:30p	Bags 5:30p	Kids 5:30p	Bags 5:30p	Kids 5:30p	BMT 3p-5p
BMT 6:30p	BMT 6:30p	BMT 6:30p	BMT 101 6:30p	BMT 6:30p	
NoGi 7:30p	NoGi 7:30p	Spar 7:30p	BMT 7:30p	MMA 7:30p	